



# CENTRAL JERSEY COLLEGE PREP CHARTER SCHOOL

*CJCP is a 2016 National Blue-Ribbon School*

## ILLNESS EXCLUSION POLICY

**The best way to prevent the spread of illness in our schools is for children to stay home when they are sick.** Below is a list of commonly seen illnesses and the exclusion time from school.

### **FEVER**

Any child with a temperature of 100 degrees or more is excluded from school. Children must be FEVER-FREE (temperature below 100 degrees) for a full 24 hours without the use of fever-reducing medicine, BEFORE returning to school. Children's temperatures do not remain constant throughout the day. It is important to check your child's temperature a few times throughout the day, not just in the morning or at night, to be certain they have completely recovered from their illness.

### **VOMITING AND/OR DIARRHEA**

Children with stomach viruses often do not have a fever. It is difficult to know whether a child's vomiting or diarrhea is caused by a virus, something they ate or some other reason; therefore, any child who vomits or has diarrhea is excluded from school. Children who vomit or have diarrhea should remain home until they have not vomited or had diarrhea for a full 24 hours. Children should be tolerating regular meals without discomfort before returning to school.

### **COUGH**

Children who are coughing continuously should remain home if; the cough is such that it interferes with their ability OR the ability of others to concentrate on school work, even if they are fever-free. Written permission from the parent is required in order for children to have COUGH DROPS in school. Because of the potential for choking, students are required to come to the Health Office to have their cough drops.

### **STREP THROAT**

Children diagnosed with strep throat need to be on antibiotic therapy for a full 24 hours before returning to school. They must also be fever-free for a full 24 hours before returning to school.

### **PINK EYE**

Children diagnosed with bacterial conjunctivitis need to be on antibiotic therapy for a full 24 hours AND have no purulent discharge from the eye(s) before returning to school.

### **INFLUENZA-LIKE ILLNESS**

Children with influenza-like illnesses should stay home & not go into the community (except to seek medical care) for AT LEAST 24 HOURS after being fever-free without the use of fever-reducing medicine. Children should feel well enough to perform regular school activities before returning to school.





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### **COVID-19**

Stay home for at least 5 full days after the onset of symptoms or if asymptomatic after the positive test (day of symptoms is day 0; if asymptomatic, day the test was performed is day 0). If they have no symptoms or symptoms are resolving after 5 days and are fever-free (without the use of fever-reducing medication) for 24 hours, they can return to school AND: Wear a mask when around others at home and in public for an additional 5 days (including participation in any extracurricular activities).

### **INFECTIOUS SKIN CONDITIONS**

Children must be on medical treatment prescribed by their physician for a full 24 hours prior to returning to school. For open and/or draining lesions, exposed areas must remain covered while in school. A physician's note stating the condition is no longer contagious may be required by the school nurse in order for the student to return to school.

### **CHICKEN POX**

Children diagnosed with chicken pox may return to school after they are fever-free for a full 24 hours and all lesions are dry and crusted before returning to school.

**IMPORTANT NOTE:** make sure the school has accurate phone numbers where you can be reached during the school day in the event of an illness or emergency. In the case of a seriously ill or injured child, the uncertainty and timeliness of voice mail is not helpful. If your workplace is located more than 45 minutes from school, please provide the number of someone who would be able to accept responsibility for your child until you are able to get home from work.

### **WE ARE NOT PERMITTED TO SEND A SICK CHILD HOME ON THE BUS.**

Central Jersey College Prep Charter School  
Middlesex County Stem Charter School  
Nursing Department

